## **Colon Cancer**

## Poly-MVA Cancer Patient Testimonials

## **Maureen Arnett**

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Diagnosis: Colon Cancer early Stage 3

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I have always been most health conscious and had no family history of cancer, yet I was diagnosed with colon cancer in April 2002. I had my ascending colon and right lymph nodes removed at Ohio State University James Cancer Hospital May 17, 2002.

The day after I was released from the Hospital I started regular routine acupuncture sessions with my physician which were a great benefit and speeded my recovery from the surgery.

Cancer was also found to be present in one of the thirteen lymph glands; therefore chemotherapy was recommended.

I chose not to follow this process due to my years of studying and following the healthiest, most nutritious program including organic foods, and relying on alternative and natural protocol for healings for myself and family. I was surprised when my surgeon told me the colon cancer tumor had been there for over two years, which I was totally unaware of previous to my diagnosis. I taught First Grade in the inner city of Columbus and had never missed even one day the year previous to my diagnosis.

My surgeon told me if I'd not followed health care practices as I did I may not have done as well as I had. He wasn't aware of alternative means to overcome cancer, but told me he'd support me in whatever I chose to do and continue to be my doctor, which he has.

My family physician, an MD, constantly educates herself on alternative healing and encourages such. After reading about Poly-MVA in one of Dr. Sinatra's pamphlets I immediately called to inquire about it from AMARC. I took the detailed Poly-MVA scientific research booklet I'd received into my doctor who immediately started to read it, spent several minutes reading it, and said, "This doctor is on to something. May I have this to read?" I told her it was hers.

She supported my using Poly-MVA and has encouraged me to continue on Poly MVA. I have been taking Poly-MVA ever since discovering it right after my cancer surgery and am most grateful for Dr. Garnett, AMARC, and all who help make Poly MVA available and pray it will soon be FDA approved. I followed the maximum dosage of 8 teaspoons daily for two months and then dropped down to 4 teaspoons daily until this last month.

My yearly colonoscopy showed no cancer whatsoever. The ultrasounds and CAT scans have revealed no cancer in my body. I am most thankful and grateful that there has not been a recurrence even though I chose not to follow the recommended chemotheraphy. I am continuing to use the maintenance dose of Poly-MVA as well as the immune support program which I have listed as follows: Transfer Factor Plus, Coq10, MGN3, Moducare (sterolins), milkthistle phytosome (with artichoke leaf, dandelion root, and tumeric) for my liver, wheatgrass juice (I grow and juice myself that my doctor told me to do from the time I was diagnosed with cancer), biogenic aloe vera, hyssop (which I attribute to being the main factor helping normalize my red blood count), barley grass powder, quercitin complex, Helix Plus, Risotriene, ester C, garlic, B complex, B12 shots weekly. (I eat some fish and once in a great while chicken or turkey, according to my blood type), astragalus, sarsaparilla, burdock, vitamin E, bromelain and other enzymes. I also take Sun Chorella and amino acids, particularly L-carnitine, L-Lysine and taurine.

I follow eating according to my blood type, rarely ever straying away from such. I mostly followed it previous to having had cancer, but I now eliminated peanuts and soy products due to discovering these contain substances that persons having cancer should not eat.

At first, growing wheatgrass, juicing it, taking so many things (some added over time), seemed almost overwhelming, but I concentrated on being thankful for discovering things that would help me and persevered on making it part of my daily routine. I have much energy and am very active daily. I am most thankful for regaining my strength and health. I pray others will believe there is hope, have faith, persevere, and overcome.