

Prostate Cancer

Poly-MVA Cancer Patient Testimonials

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Prostate cancer has been a **part of my family's medical history for 3 generations on both sides of my family**. I do not know of any medical history prior to my grandfathers. My father and his father, my mother's father and I **have all been diagnosed with prostate cancer**. Both grandfathers and my father **did not survive their diagnosis**. Subsequent to their deaths, my mother died in April of 2007 of breast cancer that metastasized to bone cancer.

I started having an **annual PSA screening in 1995 when I was 42** because the American Urologic Association was offering screenings at a local urologist's office. My father had a prostatectomy in 1993 and considering my mother's father's death from the disease as well, I elected to be proactive.

6 years later my PSA began to rise consistently and my urologist recommended biopsies beginning in May of 2002 for early intervention. I did not have a sense of urgency to biopsy so I waited while I thought about the consequences and the options that I had learned about and which had been recommended.

After turning 49 in July 2002, in September 2002 my urologist completed 6 needle biopsies, 3 on each side of my prostate gland. The Gleason score was **6 (3+3)** and of the 6 biopsies, the pathology report showed that there was **only one core of the 6 which had 10% cancerous tissue**. I have elected to forego subsequent biopsies and have had none since.

Subsequent to the biopsies I delayed all conventional treatment to familiarize myself with prostate cancer some more and to search for answers that made sense to me.

I had been introduced to **Mrs. Pat T in 2000 who had survived stage 4 breast cancer having used PolyMVA as part of her protocol**, which inspired me and provoked more investigation. Dr. Merrill Garnet, the dentist/chemist who formulated PolyMVA, and I shared commonalities given my profession in the dental equipment industry, **so my confidence grew as I learned more of his history, his dedication to his efforts with PolyMVA**, about the resulting formula and the histories of people who had used it to help build their immune systems to address various health challenges they were experiencing.

After the biopsy results in 9/2002, I made significant improvements to my diet, drinking filtered water and no soft drinks or any conventional fruit drinks given the sugar levels I wanted to avoid. **I reduced sugar intake from every source possible**, eliminated all red meat and began eating mostly white meat hormone-free chicken breasts, some non-bottom-feeding fish, no shellfish or bottom-feeders at all, quantities of raw vegetables seasoned with spices of all kinds, olive oil, some vinegar, tomato sauce and raw tomatoes, among other raw fresh vegetables, walnuts, cashews and almonds. I have kept to this diet fastidiously since beginning it and have been delighted with my progress and with the variety, flavor and benefits, recommending it often.

In **late June of 2003**, after a referral from my urologist, I flew to UCSF to be part of an MRI trial to improve the software for prostate imaging, for a consultation with world-renowned urologic oncologist Peter Carroll, MD and for a color doppler sonogram administered by his associate Katsuto Shinohara, MD, which **gave me an actual digital image with the x, y and z dimensions, the location and the volume of the tumor within my prostate**.

My PSA was 6.3 in early June 2003, almost 4 weeks prior to my appointments at UCSF. I called Mrs. Pat T after my appointment and **ordered a bottle of PolyMVA to be shipped to me in Orlando, FL**, where I flew for a conference over that July 4th weekend.

I started taking the PolyMVA on July 4, 2003, 10 months after the pathology reports of my biopsies in September of 2002 confirmed the Dr's diagnosis. On July 10, 2003 I had a PSA test and the results showed an **immediate reduction in my PSA from 6.3 in early June down to 4.6**, about 25% after 6 days of dosing with the PolyMVA.

July 4th, 2003 started my auspicious journey with AMARC and PolyMVA has been a part of my everyday life since. What a boon to have no dysfunction and be able to manage life just as

well as others who have a variety of other chronic challenges which they successfully manage every day for the entirety of their lives.

In 2009 I began to include vitamin D3 from AMARC in my regimen and I took 15,000 IU daily until I reached 130 in the 25-Hydroxy Vitamin D3 test, whereupon I reduced the D3 to 5,000 IU over the next 3 months and saw levels drop to the high 50's.

In August 2009 my 25-Hydroxy D3 tested at 65 and tested in early 2010 at 130. In June 2012, the D3 level hit 90 with 20,000 IU per day so I intend to stay focused on my current protocol since the 130 to 150 range is optimum.

I also chose to regularly test using a meridian technology more regularly, which I initially learned about through Mrs. Pat T who tested me and educated me about her experience with Poly-MVA. By testing for the frequency and electrical charges associated with bacteria, parasites, chemicals, heavy metals and a host of other organic and non-organic foreign matter that can result in toxic or other deleterious situations in one's body, I have found it compliments all of my other protocols that do not use the traditional drugs, radiation, ablation, hormones etc to treat prostate cancer.

In terms of the use of the color doppler sonograms, the MD's at UCSF say that they do not rely solely on this technology but promote a combination of the sonograms, PSA and biopsies. **I choose to monitor my PSA with a PSA Free blood test every 6 to 12 weeks along with the Vitamin D with the LabCorp 25-Hydroxy D test** and the color doppler sonogram once a year prior to labor day weekend unless I want to schedule another in the meantime.

For the record, **my PSA still goes up and down, reading as high as 9.3 and as low as 3.2 since the only biopsies from 9/13/15.** The PSA has been consistently around the 6 to 7 range for the last several years with intermittent spikes and drops in the numbers. The color doppler sonogram **showed the tumor measured cumulatively smaller each time since the first appointment at UCSF**, even though it changed shape, and the x, y & z axis measurements were always smaller than the initial measure as well, for which I am very grateful.

On 9/4/15, there was NO evidence at all of any abnormality or lesion, for the first time since I began having the color doppler sonograms in 2003 and according to the prostate spectroscopy MRI.

Between the initial trial MRI in late 6/2003 and my visit to UCSF before Labor Day weekend of 9/2011, I did not have the prostate spectroscopy MRI. However, beginning a couple of days before Labor Day of 9/2012, the prostate spectroscopy MRI resumed and the **MRI report indicated NO discernable prostate cancer** even as the color Doppler sonogram detected something.

The MRI consistently reported “NO discernable prostate cancer” in 2012, 2013, 2014 and 2015. **To finally have the two imaging technologies agree on 9/4/15 that NO prostate cancer was evident is divine intervention**, is an answer to prayer, to discipline, to the power of divinely inspired belief, to an attitude of gratitude, to a consistent exercise of verbal acclamation, to the self talk required to redeem me of the consequences of fear and stress that accompanied the pursuit of health over a terminal diagnosis and to the commitment inspired by grace that one can never earn, only choose to receive.

The **8 teaspoons of PolyMVA per day** either in 2 teaspoon doses 4 times a day, or more manageable for me in two 3-teaspoon doses after breakfast and lunch and then one 2-teaspoon dose after my evening meal or maybe before bed, with the accompanying dosages of the liquid Co-Q-10, 1 liver support supplement capsule upon awakening and the 4 D3 tabs, 1 each following my wake-up protein shake, after breakfast a couple of hours later, after lunch and finally after my evening meal or before bed, **are standing me in good stead**.

As I learn more from people, events and my PolyMVA family, I will continue to adjust and remain diligent with the disciplines that offer and which have achieved the 9/4/15 successful results.

To date, **since September 2002 after the initial biopsies, I have elected to have no traditional medical therapies of any kind**. I see an urologist in my hometown 2 times a year, and 1 time a year at UCSF, based upon my best discretion. I have PSA Free tests periodically along with other blood pathology as mentioned before and I sincerely appreciate medical science and the testing it provides so well. **I have confidence in the doctors and in the choices I have made and will make while experiencing life as a PolyMVA survivor**. I will continue my diet and dosing some PolyMVA and the other supplements as the pathology testing monitors each current snapshot of my health and I’ll continue the imaging as well.

What a gift on 9/4/2015, to have received the report of **“No discernable prostate cancer, No abnormality, No lesion”, from both of the imaging technologies**. There is hope and success even as the world says there is not..... “Be not weary in well-doing”.